

Real diaper  
association

# real Diaper news

Winter/Spring 2008

## Look for us at the green festival in seattle!

On April 12 and 13th, look for Real Diaper Association at the Green Festival in Seattle, Washington. We will be on hand with Mothering Magazine, providing cloth diaper information and encouragement. RDA will give hands-on demonstrations for festival attendees, sharing with parents the simplicity of cloth. As always, our goal is to show off the ease and comfort of cloth diapering to those environmentally-minded parents who may not be using them. We are thrilled to participate.

Look for the following cloth diaper vendors and RDA members joining us, and read about some of them in this issue!

- Susie Cavanagh of **Baby's Bottom Line**, Seattle
- Bronwyn Judd of **Best Loved Baby**, Tacoma
- Cerisa Leach of **My Metro Baby**, Shoreline
- Maya Mowilos, Snohomish County  
Real Diaper Circle Leader, First Real Diaper Circle of Washington  
Real Diaper Association Board Member
- Angelique Mullen, Daly City, California  
Real Diaper Association Board Member
- Hillary Ryan of **Wai Baby**, Tacoma
- Ida Simmons of **Best Loved Baby**, Tacoma
- Sarah Simmons, of **Best Loved Baby**, Tacoma
- Ann-Marie Speirs of **Cozy Baby Boutique**, Kirkland
- Lori Taylor, South Jordan, Utah  
Real Diaper Association Board Member
- Cynthia Thompson of Zoom Baby Gear, Portland, Oregon  
Real Diaper Circle Leader, Portland Real Diaper Circle



greenfestival  
A JOINT PROJECT OF GLOBAL EXCHANGE AND CO-OP AMERICA

### Inside this issue

<i>Best Loved Baby</i>	2
<i>Cozy Baby Boutique</i>	3
<i>My Metro Baby</i>	4
<i>Business Members</i>	5
<i>Wai Baby</i>	7
<i>Zoom Baby Gear</i>	8
<i>Circle Leaders</i>	9
<i>Article Submissions</i>	9

# Best Loved Baby

Bronwyn Judd  
Ida Simmons  
Sarah Simmons

Best Loved Baby began with three friends and a belief that strong families create strong communities. For various reasons, we had each chosen to cloth diaper our children and were excited to discover the many great benefits it offered. As our enthusiasm grew so did our desire to share our experiences with all our friends. Eventually it wasn't enough just encouraging our friends to cloth diaper and so in an effort to reach more people Best Loved Baby was born.

There is a growing movement to simplify and bring our lives back in harmony with nature. Our goal is to support this direction and help make it more appealing and accessible to everyone. We strive to support parents in the nurturing of happy and healthy babies. We provide products and resources that promote healthy choices for our families, our communities, and our earth. We carry a wide selection of cloth diapers and accessories as well as organic children's clothing, organic bedding, baby carriers, and natural wooden toys. Our favorite part of the business has been meeting new people and helping them wade through all the cloth diapering choices out there. It is so rewarding to look back and see all the friendships we have been able to develop. We would love to help you get started or simply continue naturally caring for your baby.

Come visit us!

Best Loved Baby  
Tacoma WA 98405  
<http://www.bestlovedbaby.com>  
(253) 759-3353  
[Info@bestlovedbaby.com](mailto:Info@bestlovedbaby.com)



One happy customer wearing a pair of wool longies.



A Natural Children's Boutique

# Cozy Baby Boutique

Ann-Marie Speirs



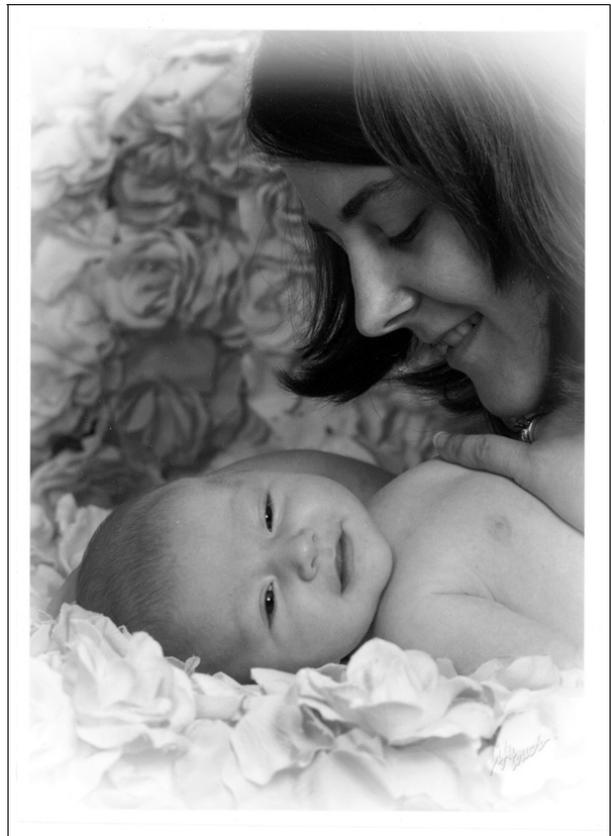
Cozy Baby Boutique offers quality products that are gentle on your baby, you and the earth.

It all started when owner, Ann-Marie Speirs, was researching diaper options for her first child. She was surprised to find people on parenting discussion boards, talk about everything from cribs to diapering bags to strollers, but not much was discussed on cloth diapering. Considering the number of hours a baby spends in diapers and the cost involved, she thought it would be an important subject to new parents. As it turns out many people never even considered cloth diapering and it was mostly due to the lack of awareness.

Ann-Marie immediately saw a need to educate new parents the value of reusable diapers and provide quality products to families around.

So she started her business in 2005 by loaning out her daughter's diapers to friends with newborns. This allowed them to experience the ease of using reusable diapers. It was a hit! Now she offers a sampler package to try out the different brands Cozy Baby Boutique carries and a starter set to make the buying process easier.

Ann-Marie realized the importance of making informed and healthy choices. As a member of the Real Diaper Association, she continues to create awareness by educating new parents on diaper options. She teaches diapering and baby-wearing classes at hospitals and birth centers in the Seattle area. Register for Ann-Marie's next cloth diapering class by contacting her via telephone or email.



Ann-Marie and her daughter, Alena.



There is plenty in-stock at Cozy Baby Boutique.

Through Cozy Baby Boutique, Ann-Marie is able to provide gentle, natural, and quality products including a wide variety of cloth diapers, natural skin care products, nursing supplies, baby carriers, diaper bags, and much more.

Cozy Baby Boutique will be represented at two different booths at the Green Festival in Seattle! If you're in the Seattle area, come to the Green Festival and look for her at the Real Diaper Association booth or the Fuzzi Bunz Booth. We would love the opportunity to talk to you and answer any questions you might have about reusable diapers or any of the other products we carry. You can also visit us at our website!

Cozy Baby Boutique  
Kirkland, WA 98033  
<http://www.CozyBabyBoutique.com>  
(206) 310-9002  
[annmarie@cozybunz.com](mailto:annmarie@cozybunz.com)

# My Metro Baby

Cerisa Leach

My Metro Baby was created to bridge the gap between the average person and cloth diaper manufacturers and retailers. When I became pregnant, I knew I wanted to use cloth diapers, but didn't have a clue about them. Naturally, I started researching, and what I found was a maze of sites that offered products online, but all I got were brief descriptions and one-dimensional photos. There are some great informational sites, but they mostly rate products that I had never seen and directed me to more online stores. I felt a bit lost until I accidentally found a store in Vancouver, BC that sold different styles of cloth diapers, accessories and cleaning products. The women were wonderful, knowledgeable, and gave me "a lesson" on the different products and how they were used. That's when the light bulb went on! Let's build a site that tells people where they can go to actually explore the different cloth diapering products and support their local economy. The idea has snowballed and it keeps getting bigger! My hope is that this site and the workshops I offer will help and encourage people in their cloth diapering experience. The babies and diapers) really are worth it!



Cerisa's own baby enjoys cloth diapers.



Check out our state-by-state listing (including Canada) of cloth diaper retail stores and diaper service companies to find one near you. If you live in the Seattle metro area, register for a cloth diaper workshop and I will personally help get you on your way to a successful cloth diapering experience! Have a question about cleaning cloth diapers or want to know what a diaper liner is? We can help! The "Lingo" cloth diaper dictionary and "Clean" pages are full of useful info and tips. How-to videos on folding cloth diapers (pre-fold and flat-fold) are coming soon. Our store listing is ever growing and, if you have one that should be on our list, let us know.

Suppliers, if you would like us to promote your cloth diapering or cleaning products at one of our local workshops please contact us, we are always on the lookout for new items.

Is your organization or parenting group interested in hosting a cloth diaper workshop? Contact us for more information.

My Metro Baby  
 Shoreline, Washington  
<http://www.mymetrobaby.com>  
 (290) 790-2900  
[Info@mymetrobaby.com](mailto:Info@mymetrobaby.com)

# RDA Business Member Directory

## Arizona

Go Go Natural  
Meredith Abney  
www.gogonatural.com  
Tempe, AZ  
(877) 404-4646

Katie's Kisses  
Joyce Welsh  
www.katieskisses.com  
Bullhead City, AZ  
(888) 881-0404

Wildflower Diapers  
Shannon Doan  
www.wildflowerdiapers.com  
Scottsdale, Arizona  
(888) 677-3228

## California

Attachment Parenting Products  
Jaki Gosch  
attachmentparentingproducts.com  
Bakersfield, CA  
(702) 521-5132

Banana Peels Diapers  
Heather Lent  
www.bananapeelsdiapers.com  
Emeryville, CA  
(510) 387-6694

Busy Bee Bottoms  
Sara Quast  
www.busybeebottoms.com  
Santa Clara, CA  
(408) 802-8180

Blue Penguin  
Carol Stewart  
www.bluepenguin.biz  
Los Angeles, California  
(888) 422-2945

Heavenly Organic  
Armando Portillo  
www.heavenlyorganic.com  
Norwalk, CA  
(800) 562-9074

JoMama Co  
Joleen Lauzon  
www.JoMamaCo.com  
Inglewood, CA  
(310) 846-8300

Keen Bambino  
Mandi Woolery  
www.keenbambino.com  
Rialto, CA  
(866) 898-9939

No Sugar Added Shop  
Summer Johnston  
www.nosugaraddedshop.com  
Upland, CA  
(888) 852-4591

The Blooming Violet Baby Shop  
Emilie Zeug  
www.thebloomingviolet.com  
Los Angeles, CA  
(213) 864-9109

TinyTots Diaper Service  
Amanda Burleson  
www.tinytots.com  
Campbell, CA  
(800) 794-5437

## Colorado

Baby Cotton Bottoms  
Dani Tobey  
www.babycottonbottoms.com  
Colorado Springs, CO  
(719) 328-0741

Denver Diaper Co.  
Amy Mann  
www.denverdiaperco.com  
Westminster, CO  
(720) 988-3725

Living Earth Babies  
Lisa Van Damme  
www.livingearthbabies.com  
Boulder, CO  
(303) 819-8714

Modern Mommy Gear  
Robin Morris  
www.modernmommygear.com  
Lakewood, CO  
(303) 722-1087

## Connecticut

Papaya Patch.com  
Cari Wolverton  
www.papayapatch.com  
West Hartford, Connecticut  
(800) 521-0701

## Florida

Diva Diapers  
Carolann Schiro  
www.DivaDiapers.com  
Palm Coast, FL  
(732) 539-6527

Eco-Dipes  
Felisa Leppo  
www.ecodipes.com  
Melbourne, FL  
(866) 4 Eco-Dipes

Sunshine Diapers  
Rhea Bush  
www.sunshinediapers.com  
Alachua, FL  
(352) 224-8253

Wee Willie Winks  
Kristy de Gregory  
www.weewilliewinks.com  
Orlando, FL  
(407) 492-1211

## Georgia

Eco BAM International  
www.eco-bam.com  
Acworth, GA

Emi Beans  
Jennifer Burrell  
www.emibeans.com  
Tucker, GA

## Illinois

Be By Baby  
Kathy/Courtney  
BeByBaby.com  
Chicago, IL  
(773) 404-2229

Green Bebe  
Pamela Kopcio  
www.green-bebe.com  
Aurora, IL  
(877) 375-1617

## Indiana

Not Your Mama's Cloth Diapers  
Jennifer Alley  
notyourmamasclothdiapers.com  
Windfall, IN  
(765) 398-0708

## Kentucky

Earth Bums  
Jen Richardson  
www.earthbums.com  
Independence, KY  
(859) 912-2009

## Maine

Buzzie Bee  
Jennifer Moore Temple  
www.buzziebee.com  
Rockland, Maine  
(207) 542-0505

Everyday Diapers  
Michele Mahar  
www.everydaydiapers.com  
Skowhegan, ME  
(207) 474-9253

Field of Flowers  
Heather Brooks  
www.fieldofflowers.net  
South Portland, ME  
(207) 415-9469

Kelly's Closet  
Kelly Wels  
www.kellyscloset.com  
Waterford, Maine  
(888) 701-7015

Maine Cloth Diaper Company  
Christy Perce  
maineclothdiapercompany.com  
Newcastle, Maine  
(866) 586-MCDC

## Maryland

Alyahs Alternative  
Shayla Boyd-Gill  
www.alyahs.com  
Bowie, Maryland  
(866) 755-7977

Go Green Baby Co  
Jennifer LeCates  
www.gogreenbabysshop.com  
Salisbury, MD  
(877) 892-8177

## Massachusetts

A Child's Garden  
Kate Glynn  
Northampton, MA  
(413) 584-2242

Diaper Lab  
Salina Gonzales  
www.diaperlab.com  
Somerville, MA  
(617) 504-0370

## Michigan

Loving Mamma Diapers  
Brandy Miracle  
www.lovingmammadiapers.com  
Troy, MI  
(866) 528-1267

Tree City Diapers  
Molly Ging  
www.treecitydiapers.com  
Ann Arbor, MI  
(734) 418-2392

## Minnesota

Happy Tushies & Buttercup  
Baby Boutique  
Hope Wilson  
www.happytushies.com  
Britt, MN  
(888) 795-4750

Sweet Pickles, LLC  
Amy Decker  
www.mysweetpickles.com  
Maplewood, MN  
(651) 735-9448

**Missouri**

Affordable Diapers  
Heather Walker  
www.affordablediapers.com  
Carl Junction, MO  
(417) 649 8044

Jack's Magic Beanstalk  
Nichole Ave-Lallemant  
jacksmagicbeanstalk.com  
Lake St. Louis, MO  
(877) Nurse-Me

**New Jersey**

DiaperPin  
Jennifer Liptrot  
www.diaperpin.com  
Oldwick, NJ  
(908) 872-4407

Green Planet Baby  
Erinn Feeney Mizikar  
www.GreenPlanetBaby.com  
Lumberton, NJ  
(609) 367-3935

Little Willow Baby  
Kristin Rainey  
www.littlewillowbaby.com  
Red Bank, NJ  
(888) 556-6279

**Nevada**

Little Lamb Organics  
Jessica Hannon  
www.littlelamborganics.com  
Las Vegas, NV  
(702) 645-3506

**New York**

Monkey Toe Diapers  
Susan Mraz  
monkeytoediapers.com  
Penfield, NY

Queen Bee Diaper Service  
Regina Move  
www.QueenBeeDiapers.com  
Brooklyn, NY  
(888) 345-5435

**North Carolina**

Doodlebuckets Mother & Baby  
Center  
Amy McCoy  
www.doodlebuckets.com  
Fuquay Varina, NC  
(919) 434-6691

Libby's Ladybugs  
Audrey Braman  
www.libbysladybugs.com  
Sneads Ferry, NC  
(810) 327-3257

Simple Wonders  
Sultana Jefts  
simplewondersdiapers.com  
Chocowinity, NC  
(252) 947-6289

**Ohio**

Nutty Bums  
Stephanie  
www.NuttyBums.com  
Dalton, OH

Pure Baby Joy  
Wendy Mihelich  
purebabyjoy.com  
Cleveland, OH  
(216) 269-3113

**Oregon**

Wee Bunz Diapers  
Amy Ghozeil  
www.weebunzdiapers.com  
Corvallis, OR  
1-888-WEE-BUNZ

Zoom Baby Gear  
Cynthia Thompson  
www.zoombabygear.com  
Beaverton, Oregon  
(503) 978-0972

**Pennsylvania**

Hugs and Kisses  
Janet Greenley  
www.HugsAndKissesPgh.com  
Penn Hills, PA  
888-829-1055

**South Carolina**

Dapper Diaper Store  
Marilyn Stalnaker  
www.dapperdiaperstore.com  
Irmo, SC  
803-477-4398

**Tennessee**

Cutie Tooties  
Sunny Hall  
www.cutietooties.com  
Knoxville, TN  
865-357-9110

**Texas**

Austin Baby Store  
Erin Sheppard  
www.austinbabystore.com  
Austin, TX  
(512) 448-0118

Babies Bottoms and More  
Diana Alatalo  
BabiesBottomsAndMore.com  
Plano, TX  
(972) 424-4994

Bree's Bums  
Bree Penninger  
www.breesbums.com  
Allen, TX  
(214) 457-0739

Diaper Daisy  
Erin White  
www.diaperdaisy.com  
Katy, TX  
(281) 304-0422

Smile Mommy Diaper Service  
Laura LeVasseur  
www.smilemommy.com  
Nashville, TX  
(615) 469-2322

**Utah**

Firefly Diapers  
Lori Taylor  
www.fireflydiapers.com  
South Jordan, Utah  
(800) 597-0561

Fuzbaby Diapers  
Lori Taylor  
www.fuzbaby.com  
South Jordan, Utah  
(800) 597-0561

Good Mama  
Suzanne Dunford  
www.thegoodmama.com  
Springville, UT  
801-400-2470

**Vermont**

Green Mountain Diapers  
Karen Amidon  
greenmountaindiapers.com  
Vernon, Vermont  
(802) 254-7361

**Virginia**

PM Organics  
Marie DiCocco  
www.pmorganics.com  
Alexandria, Virginia  
(703) 627-1512

Soft Cloth Bunz  
Bryana Guckin  
www.softclothbunz.com  
Virginia Beach, VA  
877-791-8065

**Washington**

Baby's Bottom Line  
Susan Cavanagh  
www.BabysBottomLine.com  
Seattle, WA  
(888) 212-8131

Best Loved Baby  
Sarah Simmons  
www.bestlovedbaby.com  
Tacoma, WA  
(253) 759-3353

Boulevard Park Baby  
Jamie Najera  
www.boulevardparkbaby.com  
Seattle, WA

Cozy Baby Boutique  
Ann-Marie Speirs  
www.CozyBabyBoutique.com  
Kirkland, WA  
(206) 310-9002

Dianne's Diapers  
Dianne Andrews  
hyenacart.com/diannesdiapers  
Edmonds, WA  
(206) 383-9171

My Metro Baby  
Cerisa Leach  
www.mymetrobaby.com  
Shoreline, WA  
(206) 790-2900

Simple Cloth  
Julie Triplett  
www.SimpleCloth.com  
Olympia, WA  
(253) 310-5275

Wai Baby  
Hillary Ryan  
www.waibaby.com  
Tacoma, WA  
(253) 212-6430

*This list is current as of  
April 9, 2008*



# Wai Baby

Hillary Ryan

It's the first question I get no matter who I am talking to – What is wai baby? The simple answer is to explain that “wai” (pronounced “why”) is the Thai word for a greeting consisting of a slight bow with two hands pressed together in a prayer-like fashion. It is practiced in India as “namaste” and signifies respect and the recognition of a common connection with the other person. People usually seem content there.

But more the more interesting question would be – Why Wai Baby? And to that there are so many answers.

First, being a child of the 1970s and having been raised in Portland, OR, making green, earth-centered choices has been central to my life from childhood to today. As an adult, helping others learn about choices that are gentler on our planet is the major inspiration for my decision to launch this business. With last summer's hit film “The Inconvenient Truth” and the growth of awareness about the climate crisis, it is encouraging to see that “green” is the buzzword of the moment. I hope that “green” becomes more than a trend and grows into a movement.

Next, as a parent of two young children, I have been shockingly surprised at the limited information available about “alternative” baby products. New

parents have so much to take in. From picking the right car seat and health care provider to dealing with expectations from grandparents and making arrangements with employers, diapers are the last things on the list. Another reason why Wai Baby is to help parents sift through all the information and get their hands on modern cloth diapers so they can see for themselves if cloth is for them.

Finally, it became clear that starting Wai Baby is a way I could practice engaged Buddhism on my own small scale. I have great hopes that others will be inspired to become active in protecting our planet through making environmentally-friendly choices and even possibly introducing meditation practice in to their family. Our planet needs thoughtful, creative people who are actively engaged citizens who have deep compassion for others. Through Wai Baby, I hope other families will recognize that their choices about parenting have can have lasting and meaningful results in creating a healthier and more peaceful planet for generations to come.

Wai Baby  
Tacoma, Washington  
<http://www.waibaby.com>  
(253) 212-6430  
[info@waibaby.com](mailto:info@waibaby.com)



# Zoom Baby Gear

Cynthia Thompson

*Helping families choose cloth diapers since 2003!*

I started using cloth diapers on my own "zoom baby" when she came home in 2003. I soon discovered how much cloth diapering had changed since the old days of pins & plastic pants. I learned how much fun it was to make custom diapers for her using the softest natural fabrics (and the coolest prints!). She doesn't need diapers anymore, but I still enjoy helping other families choose cloth. So Zoom Baby Gear is my way to stay connected to cloth diapering families and offer unique cloth diapers along the way.

I am a local cloth diaper advocate, Real Diaper Association business member and accredited Diaper Circle Leader. I host periodic cloth diaper circles, providing a supportive (and fun) environment for parents who want to succeed with cloth diapers. I am on the board of directors of Miracle Diapers and support their mission of providing cloth diapers to families in need. I also help mamas learn how to sew their own diapers through hands-on classes and offer free patterns and instructions. I am committed to helping put more babies into cloth diapers.

I am excited to have opened a Zoom Baby Gear retail shop. Having a store gives me even more opportunities to help families choose cloth diapers. I stock many work-at-home-mom (WAHM), local and small company items including hand-knitted and recycled wool, wet bags, wipes, diaper covers, fitted diapers and more. I also have the affordable



Plenty of diapers to choose from at Zoom Baby Gear.



basics everyone needs. Zoom Baby Gear may be the world's smallest diaper store, but we have something for every budget and diapering style. Not sure what you need or where to start? Pick up some free handouts, or just stop by for a chat. I love to talk about cloth diapers!

Zoom Baby Gear  
 Portland, Oregon  
<http://www.zoombabygear.com>  
 (503) 285-0690  
[Info@zoombabygear.com](mailto:Info@zoombabygear.com)



# Accredited Real diaper Circle Leaders

## California

San Diego County Real Diaper Circle  
Heather McNamara  
San Diego, California  
hdellarocca@yahoo.com

## Maine

Mid-Coast Maine Real Diaper Circle  
Christy Perce  
Damariscotta, Maine  
Christy@maineclothdiaper.com

## Minnesota

Real Diaper Circle of the Twin Cities  
Amy Decker  
Maplewood, Minnesota  
amy@mysweetpickles.com

## Nevada

Las Vegas Real Diaper Circle  
Jessica Hannon  
Las Vegas, Nevada  
info@littlamborganics.com

## Oregon

Portland Real Diaper Circle  
Cynthia Thompson  
Portland, OR  
fredncyn@earthlink.net

## South Carolina

Real Diaper Circle of the Midlands SC  
Marilyn Stalnaker  
Irmo, South Carolina  
info@dapperdiaperstore.com

## Texas

Dallas-Fort Worth Real Diaper Circle  
Bree Penninger  
Allen, Texas  
Info@breesbums.com

Real Diaper Circle of Austin  
Katie Bell  
Austin, Texas  
katie@woollybugs.com

## Virginia

Northern Virginia Real Diaper Circle  
Ann Maclean  
McLean, Virginia  
annrmaclean@aol.com

## Washington

First Real Diaper Circle of Washington  
Maya Mowilos  
Snohomish County, Washington  
www.oceanasoul.com/rda.htm  
realdiapers@gmail.com

To see complete descriptions of our Circle Leaders, go to:

[Http://www.realdiaperassociation.org/directory](http://www.realdiaperassociation.org/directory)

## Article Submissions

As part of our member-supported resource center, Real Diaper Association is building a library of articles relating to cloth diapers. One year after print publication, articles from this newsletter are available on our website at:

[http://www.realdiaperassociation.org/real-diaper-news\\_archive.php](http://www.realdiaperassociation.org/real-diaper-news_archive.php)

We are pleased to publish articles consistent with the Real Diaper Association mission.

### What kind of articles are we looking for?

- History of diapering, either a broad sweep or a specific peek into specific experience.
- Science of diapering, including health, diaper rash, or environmental studies
- Specific issues in cloth diapering, such as basic care, nighttime diapers, daycare issues, or how to keep costs low.

- Local cloth diapering advocacy. This might include focusing on reaching new parents, supporting those already using cloth, health care professionals, reaching media, or talking to local officials about solid waste issues.

The articles might be aimed at those who are new to cloth diapering or at those who have experience and want to share it with others, but they should be relevant to Real Diaper Association members. Articles will probably be friendly, written for a popular audience, though we will consider other approaches. We encourage articles that ask the reader to act on what they learn.

For more on our submission guidelines, please visit:

<http://www.realdiaperassociation.org/article-submissions.php>

**NATIONAL BI-ANNUAL NEWSLETTER**

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San Francisco, CA 94115

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Email: [publications@realdiaperassociation.org](mailto:publications@realdiaperassociation.org)

**real  
Diaper  
association**

*Real Diapers for Real Babies*