

Sew Your Own Diapers

I want to show people how easy it is to sew their own diapers.

How about a hands-on demonstration? Arrange a meeting around a sewing machine—or several sewing machines.

Be sure to address:

Materials needed. How do various fabrics perform? What is available locally? Show them how to use found fabrics—such as old towels, blankets or T-shirts—to create beautiful, absorbent diapers. Provide a list of possible sources. Some RDA business members sell diaper making supplies.

Patterns. This could mean everything from the dimensions of a terry diaper made from an old towel, to how to create a prefold, to a simple contour, to fitted diapers and covers, to all-in-one diapers. If you have patterns, show them. Provide sources for diaper patterns. You can find patterns online for sale or for free download.

Simple skills. Teach simple skills needed to complete the diapers you demonstrate.

Good luck!

www.realDiaperassociation.org