

Cloth Diapering Classes

I want to speak to parenting classes about cloth diapers.

What would have—or did—help you the most when you made the decision to use cloth diapers?

Be sure to address:

Your experience. No matter what arguments you've gathered in favor of cloth diapers, sharing your own experience will be your strongest point. What most influenced you as a parent as a new parent?

Basic information. RDA provides diaper facts that have been verified with available studies. Tell your classes about health, environment, and costs.
<http://www.realdiaperassociation.org/diaperfacts.php>

What is available. Don't overwhelm them with choices, but show a variety of diapers. Especially with pregnant, first-time parents, bring a bear or a doll for them to diaper. If you have a local diaper manufacturer, arrange to bring samples.

How to start. How many diapers do they need and where can they get them (or how can they make them). Make it clear and easy, then offer more options on a handout.

Benefits. Tell new parents how your own baby benefits from cloth diapers.

Good luck!

www.realdiaperassociation.org